

RULE 5 - CONTESTS

- 5-1 Interscholastic contests must not be arranged without the knowledge and sanction of the school principal.
- 5-2 Interscholastic contests in IHSAA-sponsored activities must be held under the direct supervision and management of the schools involved, with the exception of state competition, which shall be under the supervision and management of the IHSAA.
- 5-3 A school administrator or his/her appointed adult representative shall accompany participants to all interschool contests. A school representative, if someone other than the coach or director, must check in with the contest manager and must maintain direct supervisory control of students during the event. (Also see Rule 1—Administrative Responsibilities)
- 5-4 Interscholastic competition is not allowed against schools that are not regular or associate members of this Association, or of another state high school association. Exception: Associate member schools (not eligible for district / state competition) are allowed to compete against non-member schools.
- 5-4-1 No interschool competition may be held against a school that is under suspension by the IHSAA.
- 5-5 Idaho schools may participate in out-of-state competition under the following conditions:
 - a. Idaho schools comply at all times with the rules and regulations of the IHSAA.
 - b. All requirements for sanctioning of the competition are met.
- 5-6 High school events may be sponsored by outside groups, but member school administrators must retain control of school-related events. Use of school programs by non-school sponsors to add dignity and status to an event they are promoting is prohibited.
- 5-7 IHSAA-sponsored competition may be held on any day of the week if all schools involved approve such play.
- 5-8 Withdrawal of a school team from an interscholastic contest once the contest has commenced will jeopardize the standing of the school in the Association, unless withdrawal is by consent of competing schools.
- 5-9 Contests shall be scheduled primarily on Friday nights and Saturdays. When possible, no more than two additional nights shall be used for interscholastic activities.
- 5-10 Once a student participates at the varsity level in a district tournament contest, he/she may not compete in the sub varsity level district tournament.
- 5-11 A member school and its students are not permitted to participate in contests or scrimmages which take place during the time period between district tournaments and state tournaments. Cheer, dance and speech arts are exempt from this rule.
- 5-12 **SCRIMMAGES / PRACTICES**
- 5-12-1 An organized scrimmage, drill or practice by teams or individual students with or against other member school teams or players is considered a contest, and counts toward the total number of contests a team is allowed.
- 5-12-2 Member school teams and individuals are prohibited from scrimmaging or practicing with or against non-member/non-high school teams, non-high school players or coaches in a team sport, except in the following situations:
 - a. Practice is allowed between 9th and 8th grade in a junior high that has an 8-9 configuration.
 - b. In the sport of track, high school teams may practice with junior high/middle school teams in the same school district.
 - c. In the sports of volleyball and basketball, 1A teams may practice with 8th grade students if they cannot field enough athletes to have an intersquad scrimmage in game type conditions. The 8th graders must meet all other IHSAA requirements.
 - d. No more than two district-approved coaches may participate, as a player, in practice at one time. 1A schools are exempt from Rule 5-12-2d.
 - e. 1A/2A/3A/4A teams may practice together in the pole vault. Proof of insurance/liability must be given to the host school administration by the sending school administration before athletes can vault at the host school.

5-13 **CONTEST LIMITATIONS**

In the event a school or athlete exceeds the game/match limitation the following will apply:

- a. Exceeds by one game/match
 1. IHSAA assessment up to \$1500.
 2. Head coach shall be suspended for district and state competition.
 3. The program will be placed on probation for three years. Any violation during the probation period will result in contestants becoming ineligible for district, state, or any further IHSAA sponsored competition in that activity.
- b. Exceeds by two or more games/matches
 1. IHSAA assessment up to \$1500
 2. Head coach shall be suspended for district and state competition.
 3. Contestants and coach will become ineligible for district, state, or any further IHSAA sponsored competition in that activity.
 4. The program will be placed on probation for three years.